

**CCDW RECURRENT AND SKILL DEVELOPMENT COURSE**

Stage	Distance	Procedure	# of Rounds	Frequency	Desired Time	Total Stage Rounds	Development goal
1	3 yards	Practice draw with empty firearm (grip acquisition, draw from holster, sweep, weak hand positioning, target acquisition)	0	As necessary to reach goal.			Safe and efficient draw from holster.
2	3 yards	From holster draw, point shoot	2	Do 3 times	5 seconds	6	Timely response to close-in threat.
3	5 yards	From holster, aimed, unsupported	2	Do 3 times	7 seconds	6	Timely response to intermediate distant threat.
4	5 yards	From ready, weak-hand position, aimed	2	Do 3 times	7 seconds	6	Use of weak hand.
5	7 yards	From holster, aimed, unsupported, reload	12	Do 1 time	20 seconds	12	Time and stress reload skills.
6	7 yards	From holster, aimed, strong hand from a barricade (cover)	6	Do 1 time	15 seconds	6	Develop use of cover skills.
7	7 yards	From holster, aimed, 2 adjacent targets	4	Do 2 times	10 seconds	8	Response to multiple targets (2 rounds in each).
8	15 yards	From holster, strong hand unsupported	6	Do 1 time	20 seconds	6	Response to distant threat.
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